**ADMUREC Form 12.5 - Guidelines and Application Form for Validation of Exemption from Ethics Review for Student Research with Human Participants**

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| **Application Instructions:*** Read the Ethics Review Guidelines and Procedures for Student-Initiated Research (High School or Undergraduate Theses and Final Projects)
* Submit the following together with the application form:
* Research proposal that includes the ethical considerations pertinent to the study
* Participant recruitment materials
* Informed Consent Forms (ICF) and Assent Forms (if applicable)
* Permission letters sent or received from relevant collaborating offices or data collection areas
* Instruments, questionnaires, interview or FGD scripts and protocols
* Obtain the approval and signature of faculty adviser / instructor
* Submit the application form and the attachments to the Ateneo Senior High School – Research Ethics Committee (ASHS-REC) or the designated Department Research Ethics Committee (DREC) representative who will review your proposal (assignment of reviewer is done through ASHS-REC or DREC protocols and may be through the adviser)

For assistance, contact your ASHS-REC or DREC head or representative or the University Research Ethics Office (Tel. No.: +63 2 426-6001 ext. 4030, 0945 2136758, or Email: univresearchethics@ateneo.edu)--------------------------------------------------------------------------------------------------------------**Guidance Notes – please read p. i-iii prior to completing the application form. It is also advised that you read through the application form to preclude having to abort the process mid-way because your protocol is not eligible for exemption after all.** **Do not print or include p. i-iii when submitting the form.**The following types of research may be exempt from institutional ethics review if it meets the following criteria. The ASHS-REC or DREC determines whether a particular undergraduate student research study is exempt. If exempt, the investigator will be so notified by ASHS-REC/DREC.  If your project does not fall under any of these categories, it will be subject to review (refer to Ethics Review Guidelines and Procedures for Student-Initiated Research). **Criteria for exemption from institutional ethics review**The research protocol may be eligible for exemption from institutional review IF: 1) the research activities present no more than minimal risk to human participants, AND 2) the research involves one or more of the activities listed in the categories of research below. Minimal risk is defined as the probability and magnitude of physical and psychological harm that is normally encountered in daily life, or in the performance of routine medical, dental, or psychological examination of healthy persons (def. from the U.S. Federal Policy for the Protection of Human Subjects, retrieved from: http://www.hhs.gov/ohrp/archive/irb/irb\_chapter3.htm). If the risk level of your study is greater than this, then it may be “greater than minimal risk”.The categories listed here apply regardless of age of participants, unless noted. Standard requirements for informed consent (or its waiver, alteration, or exception) apply.**Exempt Research Categories****Category 1:** Research conducted in established or commonly accepted educational settings, involving normal educational practices, such as research on regular and special education instructional strategies, or research on the effectiveness of or the comparison among instructional techniques, curricula, or classroom management methods. (Both the procedures involve normal education practices and the objectives of the research involve normal educational practices.)**Category 2:** Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures, or observation of public behavior, UNLESS: 1. information obtained is recorded in such a manner that human participants can be identified, directly or through identifiers linked to the participants[[1]](#footnote-1); and
2. any disclosure of the human participants' responses outside the research could reasonably place the participants at risk of criminal or civil liability or be damaging to the participants' financial standing, employability, or reputation.

In addition: Application of this exemption category to research with children is limited to the use of educational tests or to observations of public behavior where the investigator does not participate in the activities being observed. It cannot be applied to projects involving surveys or interviews with children. **Category 3:** Research involving the use of educational tests (cognitive, diagnostic, aptitude, achievement), survey procedures, interview procedures, or observations of public behavior that is not exempt under Category 2 of this section, IF: 1. the human participants are elected or appointed public officials or candidates for public office; or
2. the law requires without exception that the confidentiality of the personally identifiable information will be maintained throughout the research and thereafter.

**Category 4:** Research involving the collection or study of existing data, documents, records, pathological specimens, or diagnostic specimens, if these sources are publicly available; or if the information is recorded by the investigator in such a manner that participants cannot be identified, directly or through identifiers linked to the participants. **Category 5:** Research and demonstration projects that are conducted by or subject to the approval of national or local government department or agency heads, and which are designed to study, evaluate, or otherwise examine: 1. public benefit or service programs;
2. procedures for obtaining benefits or services under those programs;
3. possible changes in or alternatives to those programs or procedures;
4. possible changes in methods or levels of payment for benefits or services under those programs**.**

In addition:* The project is supported and authorized by a national or local government agency
* The program under study delivers a public benefit or service (e.g. financial or medical benefit; or social, supportive, or nutritional services)
* The research or demonstration project is conducted pursuant to specific statutory authority
* There is no statutory requirement that the project be reviewed by a research ethics board or committee
* The project does not involve significant physical invasions or intrusions upon the privacy of participants
* The funding agency concurs with the exemption from institutional ethics review

**Category 6:** Taste and food quality evaluation and consumer acceptance studies if:1. wholesome foods without additives are consumed; or
2. a food is consumed that contains a food ingredient at or below the level for a use found to be safe, or agricultural chemical or environmental contaminant at or below the level found to be safe, by the relevant regulatory agencies of the Department of Agriculture and the Department of Health
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| **ADMUREC Form 12.5 - Validation of Exemption from Ethics Review for Student Research****Project Title:** |

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| Project Title:       |  |  |  |
| Name/s of Investigator/s:  | Ateneo ID Numbers:  | Email Addresses: | Contact Numbers: |
|       |       |       |       |
| [If HS] Grade and Section:      [If LS] School and Department:       |
| SY & Semester first enrolled in thesis / final project course:      SY & Semester this research / project needs to be completed to graduate:       |
| **Guidance Note:** Graduate student theses/dissertations/capstone projects in the Loyola Schools are validated for exemption by the University Research Ethics Office (UREO); consult adviser and UREO for forms and procedures. |

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| Faculty Adviser:  | Ateneo ID (e.g., 13250):  |
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| Email Address:  | Contact Number:  |

**BASIS FOR EXEMPTION**

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| **A. Category of Exemption:**1. Does the funding agency and/or sponsor and/or institutional authority of this project require review and approval by an institutional ethics review?[ ]  Yes 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance  [ ]  No 2. **Exempt Categories:** Choose one or more that apply to your research. Your research must fit in at least one category to be considered for exemption. (See page ii-iii for specifics) [ ]  Category 1 [ ]  Category 2 [ ]  Category 3  [ ]  Category 4 [ ]  Category 5 [ ]  Category 6  [ ]  None of these categories 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance |
| **B. Participants:**3. **Choose all categories of participants** who will be involved in this research study.[ ]  Healthy adults [ ]  Children-individuals under the age of 18 🡪 but see Exemption Cat. 2; if investigator interacts with children via surveys (not standard educational tests) or interviews, this study is not exempt. Stop & submit ASHS-REC/DREC Application for Student Ethics Clearance.[ ]  Adult persons elected to public office; Specify person/s or office: [ ]  Ateneo de Manila students [ ]  LS [ ]  HS [ ]  GS [ ]  Others, pls specify: 4. Will any of the following categories of participants, who may possibly be unable or constrained to provide voluntary informed consent, be involved in this research study:- prisoners- patients (persons receiving medical treatment)- individuals with a mental or decisional impairment- institutionalized individuals (e.g. residing in government facilities, or in homes or centers)- indigenous groups[ ]  No participants in the above categories will be part of this research[ ]  Yes, the study includes participants in the above categories 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance5. Could some or all participants in #3 be vulnerable to coercion or undue influence due to special circumstances? e.g., enrolled in a class or employed by research personnel in this study  [ ]  Yes 🡪 Describe the measures taken to avoid participant coercion & undue influence:  [ ]  No  |
| **C. Recruitment:**6. Indicate the types of recruitment that will be done for this research and attach copies of the materials and verbal scripts. Choose all that apply: [ ]  Ads posted or aired in physical or media outlets (e.g. news, tv, radio) [ ]  Flyers/posters/brochures – Where will the items be displayed/distributed?        [ ]  Web and social media sites – List the sites:       [ ]  Letters/Emails/Telephone calls to potential participants 🡪 Explain how potential participants’ contact information are to be obtained:  [ ]  Letters/Emails to professionals or administrators (e.g. education / health / NGO centers) for recruitment purposes 🡪 Identify the position of administrator who will receive these letters:  [ ]  Face-to-face approach [ ]  Students / Subject Pool 🡪 Indicate the class:  **Guidance Note:** If you are not a member of the subject pool's department, submit the permission and approval letter. [ ]  Other Explain: 7. Who will approach and/or respond to potential participants?8. Before potential participants sign a consent form, are there any screening questions that will be asked to determine whether an individual is appropriate for the study? [ ]  Yes 🡪 Answer Question 9 [ ]  No 🡪 Skip to Question 109. During screening questions, will identifiable information (see footnote, p.ii) about these individuals be recorded?[ ]  Yes 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance[ ]  No **Guidance Note:** Please attach the procedure, script, and measure/tool for the screening questions.10. Will investigators access non-anonymous (i.e. with identifiable information) education/medical/assessment records and/or school/hospital/clinic databases from institutions and/or authorized personnel, for recruitment and selection purposes?[ ]  Yes 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance [ ]  No  |
| **D. Payment for Participation:**11. Indicate the type and amount of payment for participation that will be offered. **Choose all that apply.** [ ]  Money Amount:  [ ]  Gift Certificate Amount:  [ ]  Extra/Class Credit (e.g., 5 points, 1% of final grade) Explain: 🡪 Answer Question 12 [ ]  Raffle Explain:  [ ]  Other (e.g., merchandise) Explain:  [ ]  Compensation will **NOT** be offered Skip to Question 1312. When and how will compensation be given to the participants?      13. If participation is compensated in the form of class credit, an alternative, equal in time and effort, must be offered in place of participating in the research. Describe the alternative available for earning the class credit.  |
| **E. Data Collection Methods / Sources of Data:**14. Identify which of the following data collection methods or data sources will be used in this study. **Attach a copy of all instruments/measures, interview and focus group topics/questions to the application.**[ ]  educational / achievement / cognitive tests[ ]  psychological tests[ ]  surveys or questionnaires modality (face-to-face, online, etc):      ; if online, specify the platform/app:      [ ]  individual interviewsmodality (face-to-face, online, etc):      ; if online, specify the platform/app:      [ ]  focus group discussions modality (face-to-face, online, etc); if online, specify the platform/app:      [ ]  participant diaries/journals[ ]  participant posts or entries in Internet blogs and/or social media [ ]  behavior observations[ ]  photograph / audio / video recordings [ ]  existing or secondary datasets/databases/records [ ]  existing biological specimens [ ]  collected biological specimens - blood, urine & other human-derived samples[ ]  biomedical devices- e.g., EEG, EKG, MRI[ ]  physical testing measures – e.g., height, weight, Body Mass Index, blood pressure[ ]  Other 🡪 Explain:   |
| **F. Discomforts and Risks** 15. Is this research likely to involve any foreseeable risk (physical, psychological, social, legal or economic) to participants, in likelihood and magnitude that are above the level normally experienced in everyday life (i.e. greater than minimal risk)?[ ]  No[ ]  Yes 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance16. Does this research involve any of the following:* personal or sensitive topics that may make participants feel uncomfortable or distressed (e.g. sexual behavior, illegal activities, risky activities, racial biases, etc.)
* substance use (i.e. drugs, alcohol)
* invasive procedures (e.g. blood sampling)
* physical stress or discomfort
* psychological/mental/emotional stress or discomfort
* deception or withholding of information about the study from the participants
* access to non-anonymous/identifiable data by individuals or organizations other than the investigators listed in this application
* social, legal, economic consequences to participants if their data were disclosed

[ ]  This research does not involve any of the above topics or issues[ ]  Yes, the research involves one or more of the above topics or issues 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance17. Is it possible investigators will unexpectedly discover a condition previously unknown to the participant (e.g., disease, wrongpaternity), or a high risk or sensitive condition (e.g. suicide ideation), or illegal behavior (e.g. abuse) as a result of study procedures? [ ]  Yes 🡪 Explain how and when such a discovery would be handled [ ]  No   |
| **G. Benefits**18. What are the potential direct benefits to the individual participants? If there are none, state “no benefits”.  **Note**: Payment or compensation for participation is not considered a benefit.19. What are the potential indirect benefits of the study (i.e. to society)? If none, state “no benefits”. |
| **H. Confidentiality and Privacy**20. Will the collected data be anonymous (i.e. information about the identity of the respondent is not obtained) or identifiable (i.e., where it is possible to link the data with the identity of the respondent)?[ ]  Anonymous[ ]  Identifiable, directly or through identifiers linked to participants (see footnote – p.ii), and not involving elected or appointed public officials or candidates 🡪 study is not exempt; stop & submit ASHS-REC/DREC Application for Student Ethics Clearance21. Who will have access to the data?  22. What will happen to the research records when the research has been completed? Choose only one: [ ]  Destroyed immediately  [ ]  Stored for specific length of time without identifiers 🡪 Specify number of years:  [ ]  Stored indefinitely without identifiers  [ ]  Other 🡪 Explain:  |
| **I. Informed Consent Process:**23. Describe the process of obtaining informed consent/assent. If participants do not speak the language of the P.I., are illiterate, or have other special circumstances, describe the procedures in obtaining consent. 24. Who will be responsible for obtaining informed consent/assent from participants?25. Do the people listed in Question 24 above speak the same language as the participants? [ ]  Yes  [ ]  No 🡪 Explain how consent will be obtained. 26. What type of consent will be obtained? Choose all that apply and submit the informed consent/assent form(s) or scripts (if verbal consent).  [ ]  Active Signed consent - participant will sign a consent form [ ]  Active consent - participant will not sign a consent form but provides consent via an intentional action (e.g., clicking a link signifying consent in an online survey)  🡪 Justify:  [ ]  Active Verbal consent - participant gives active consent verbally (e.g., in-person, online, or telephone interview) 🡪 Justify:  [ ]  Waiver of informed consent (e.g. naturalistic observation of public behavior; use only when all of the ff conditions are met: waiver will not adversely affect the rights and welfare of participants, study is minimal risk, study cannot be practicably done without the waiver, participants obtain pertinent relevant info after participation) 🡪 Justify:  [ ]  Other 🡪 Describe:  **Guidance Note:** Refer to Informed Consent Template for guidance on content required in informed consent forms/scripts.27. If multiple groups of participants are being utilized (i.e., children, adults), specify whether and how informed consent procedures will be different for each group of participants:  28. Informed consent must be documented and participants should have a record of their consent and the information about the research. Describe how participants’ consent is documented and how they will receive a record of their consent and study information. |

**OTHER INFORMATION ABOUT THE RESEARCH**

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| **J. Funding:** |
| 29. Is this research study funded? |
|  [ ]  Yes  [ ]  No 🡪 Skip to Question 31 [ ]  Pending 🡪 Answer Question 30 [ ]  Internal 🡪 Answer Question 30  [ ]  External 🡪 Answer Question 30 |
| 30. Provide the name and mailing address of the internal and external sources of funding. Provide a copy of your grant proposal/contract with the application. If a copy of the grant proposal is not included, explain. |
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| **K. Conflict of Interest:** |
| 31. Do any of the investigators, key personnel, and/or their spouses or dependent children have a conflict of interest (COI), associated with this research (e.g. have significant financial or other interest related to the research, such as holding a position in the setting where the study will be conducted)?  |
|  [ ]  Yes 🡪 Explain the conflict of interest:       [ ]  No |
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| 32. Does AdMU have an ownership or royalty interest in any intellectual property related to this study? |
|  [ ]  Yes 🡪 List the IP related matter here [ ]  No  |
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| 33. Will the project entail the use of AdMU time and/or equipment? |
| [ ]  Yes 🡪 List down no. of units/equipment [ ]  No  |
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| 34. Is there anything you need to disclose that is applicable to this study? |
|  [ ]  Yes 🡪 State the possible conflicts of interest [ ]  No  |
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| **L: General Purpose & Procedures:**40. Describe the objectives of the study:     41. Describe the procedures the participants will undergo:42. How long will participants be involved in this research study? Include the number of sessions and the duration of each session.43. Where will this research study take place? Include all that apply.**Guidance Note:** For sites such as schools, hospitals, offices, etc., the University Research Ethics Office requires that research conducted at these sites be approved by an individual in a decision-making position at the site. Documented approval (i.e., a letter of agreement) is required. |

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| **M. Assurances****As the Principal Investigator on this research study, I assure that...**1. This application accurately reflects all procedures involving human participants and the nature and extent of their proposed involvement in my study.
2. I am familiar with and will comply with pertinent institutional and national regulations and policies regarding research ethics with human participants. I will inform my faculty adviser if I need support or advice regarding an ethical concern.
3. I will notify my faculty adviser and an ASHS-REC/DREC representative within one week regarding any significant adverse events that impact my human participants.
4. All research personnel listed on this form possess the requisite competencies and have been adequately trained in research and ethical behavior towards human participants.
5. Any individual associated with or responsible for the design, the conduct, or the reporting of this research will comply with Ateneo de Manila University rules and regulations.

 **Printed Names & Signatures of Principal Investigators Date**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_I hereby confirm that I have supervised the completion of this application and my signature denotes the accuracy of the information provided. I confirm that I will supervise the students as they conduct their study, and monitor that ethical standards and practices are maintained in the study.  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Printed Name & Signature of Faculty Adviser Date** |
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1. Identifiers include: name, residence, email address, telephone/cellphone number, birthdate, social security numbers, gov-issued ID numbers, financial accounts/records, biometric data, IP / device serial numbers, full face photo and/or video [↑](#footnote-ref-1)